

What Should I Bring on the Camino?

The following list of clothing and equipment might help you with your personal planning and packing.

These are **MUST HAVES**

- Hi Vis Jacket/Vest/Shirt**. The wearing of this is mandatory. **BYO**. Not supplied
- Head Lamp or Torch
- Head Fly Net
- Sun Screen/Insect repellent
- Toilet Paper and plastic bag
- Travel/Coffee Mug
- Wine/Drinks Glass
- Warm clothing and bedding
- Bath Towel
- Snacks while walking – these will not be supplied

Suggested Clothing.

- Suitable walking shoes
- Socks
- Walking Clothes
- Wide Brimmed Hat
- Waterproof Jacket
- Beanie and gloves
- Layers of clothing for night time

Suggested Equipment:

- Walking Poles
- Back Pack
- Fixomull Tape** (essential for treating blisters)
- Ear Plugs (if listening to snoring is a problem)
- First Aid equipment – Band Aids, Antiseptic Cream/Spray, Painkillers etc
- Water Bottle if preferred (bottled water will be provided)
- Swag/Sleeping Bag/Pillow/Doona – depending on accommodation type
- Wine/alcohol if required
- Phone Charger